

# EVIDENCE

SPORT AND SPINE

URGENT BACK PAIN

REHAB &  
PHYSIOTHERAPY

## PATIENT LABEL:

Name

Email

Address

DOB

Phone

PHN

REFERRING PRACTITIONER & PRAC ID#

SIGNATURE

DATE \_\_\_\_\_

## PATIENT DETAILS

DIAGNOSIS/HISTORY

OBJECTIVE FINDINGS: PHYSICAL EXAMINATION AND IMAGING

## PHYSIOTHERAPY

- Comprehensive clinical exam
- Individualized exercise prescription
- Manual therapy
- Dry needling/IMS
- Pain management
- Education
- On-site multidisciplinary consultation when required (Pain physicians, Sport Med)

## WHAT TO EXPECT?

- All patients will be seen within 1-3 business days
- Initial assessments are \$115. There are no registration fees
- Direct billing for patients with benefits
- Subsequent treatments are 30 minutes
- Home exercise program provided

## INCLUSIONS

### NON-SURGICAL

Cervical and lumbar spine pain +/- radicular findings.

### PAIN

Traumatic and non-traumatic spine pain accepted

## EXCLUSIONS

### SURGICAL


Patients requiring surgical consultation may be excluded


### WCB

Please refer WCB cases to Community Physiotherapy such as Momentum Health

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 403-210-9084

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 403-454-8445